



myriad botanical
GARDENS

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January in the Gardens: A Celebration of Martin Luther King, the Olympics and the Brides of 2018

Health and Wellness Retreat returns for 4th year, classes, yoga and more!

Oklahoma City, OK -- January in the Gardens offers a variety for all! We'll celebrate the year of the Winter Olympics at the Devon Ice Rink with a day of curling, figure skating & more on Saturday, January 12. January is a great month for rejuvenation for a new year! We'll again offer the Health and Wellness retreat on Saturday, January 12. The Gardens will honor the legacy of Dr. Martin Luther King with a morning of music, crafts, readings and a soul food tasting. Join us that day for a reading of Dr. King's famous "I Have a Dream Speech," followed by a performance from the Oklahoma Collegiate Gospel Choir. The Devon Ice Rink will finish its 2017-18 season on January 28. There are classes for kids and adults and we're holding the Bridal Open House celebrating the 2018 Brides to Be on Sunday, January 28.

Below are all the details. People can register online at myriadgardens.org or call (405) 445-7080 for more information!

KIDS & FAMILIES

Devon Ice Rink

January 1-28, 2018

Seasonal Plaza

Members \$7 per person, includes skate rental

Nonmembers \$13 per person, includes skate rental

Nonmembers \$8 per person if you bring your own skates

Operating Hours: Monday–Thursday, 3–9pm; Friday, 3–11pm; Saturday, 11am–11pm; Sunday, 11am–7pm

New Year's Day, Monday, January 1, 11am–11pm

Martin Luther King Jr. Holiday Extended Hours, Monday, January 15, 11am–9pm

Hours: Monday–Thursday, 3–9pm; Friday, 3–11pm; Saturday, 11am–11pm; Sunday, 11am–7pm

Admission: \$13 includes skate rental; \$8 with your own skates; \$7 for Gardens' members, includes skate rental

Each holiday season, the Gardens transforms its seasonal plaza into the Devon Ice Rink, making for a winter wonderland set in a bustling downtown setting. At Devon Ice Rink, you can skate across 5,500 square feet of real ice, and indulge in seasonal food and beverage offerings.

Winter Olympic Expo

Saturday, January 13, 4-8pm

Devon Ice Rink and Park House

Member Child: \$12 wristband, best for ages 4-10

Nonmembers Child: \$15 wristband, best for ages 4-10

ALL Adults: \$8 wristband

Register online at myriadgardens.org

Join us for a late afternoon of fun at the Devon Ice Rink and Park House including music from DJ Brian Smith with muttradio.com, face painting and fun for the entire family. Members from the Oklahoma Curling Club, the Artic Edge Ice Arena and Blazers Ice Centre will be onsite giving Hockey, Figure Skating and Curling Demo's. Guests can purchase USA apparel and winter gear from our onsite vendors or take a photo on our Olympic Podium. Each paid participant's wristband includes skating at the Devon Ice Rink, and admission into our Park House Event Center for meet and greets with our expo athletes, hot chocolate, three Olympic donuts from Metro Minis, crafts and Olympic games for the entire family. Food trucks will be onsite. Guests are encouraged to dress up in their best red, white and blue to support team USA! Advance registration is required for this event by Friday, January 12 at noon. Limited space available.

Painting in the Gardens: Snowy Pagoda of South Korea

Saturday, January 14, 11am-1pm

Terrace Room

\$30 members, call (405) 227-0230

\$35 nonmembers, register online at wineandpalette.com

Wine and Palette is back in the Gardens again for another round of "Painting in the Gardens!" We'll paint the "Snowy Pagoda" tying into an Olympic theme and a beautiful South Korean backdrop.

Martin Luther King Jr. Day Celebration

Monday, January 15, 10am-1pm

Crystal Bridge South Lobby and Water Stage

\$2 suggested donation for Peace Dove Craft

\$3 per cup for Soul Food Tasting from Melodee's Soul Food and Creole

ALL AGES WELCOME!

Devon Ice Rink open extended hours: 11am-9pm

Celebrate the life of Dr. Martin Luther King Jr. with a morning of music, crafts, readings and a soul food tasting from Melodee's Soul Food and Creole. Help unite OKC by placing a string on our "woven together" art display, bring a canned good food item that will be donated to the Regional Food Bank of Oklahoma, or take a peace walk through the Gardens highlighting quotes and important events in the life of Dr. Martin Luther King Jr. At 11:30 a.m. join us at the Water Stage or Park House Event Center (weather dependent) for a reading of Dr. King's famous "I Have a Dream Speech," followed by a performance from the Oklahoma Collegiate Gospel Choir.

Little Sapling Series

January 16 & 30, 10 – 11am
Every Other Tuesday, January – March
Children's Garden (Terrace Room in inclement weather)
Member \$3; Nonmember \$4
Best for ages 2-5
Register by Friday before
Register online at myriadgardens.org

Join us in the Children's Garden for an hour of songs, games, and interactive nature fun. Toddlers (and parents!) will get to learn about the exciting world of gardens in an engaging and educational way. Experience activities such as making mud pies, watching caterpillars grow, making bird seed ornaments, or potting up seeds. Every Little Saplings event will include a sensory bin, a song, and a game.

Breakfast in the Bridge

Saturday, January 20, 10 – 11:30am
Crystal Bridge Conservatory and Terrace Room
Member \$10; Nonmember \$12
Best for ages 6-10
Register by Tuesday, January 16
Register online at myriadgardens.org

Come warm up in our tropical conservatory while learning all about the yummy breakfast food that we get from the rainforest and desert. We'll start with a scavenger hunt to find familiar fruits growing all around, talk about other products we get from the tropics and end with a healthy breakfast feast.

Plant Science!

Saturday, January 27, 10 – 11:30am
Terrace Room
Member \$7; Nonmember \$9
Best for ages 6-10
Register by Tuesday, January 23
Register online at myriadgardens.org

We'll delve into the (almost) magical properties of plants in this class as we perform experiments to discover how water moves in plants, how leaves eat, how sunflowers can stare at the sun and more. We'll start by going over the basic needs of plants and then put our mad scientist hats on to figure out how smart plants are at getting what they need.

ADULTS

Health and Wellness Retreat

Saturday, January 13, 10am – 4pm
Terrace Room and Water Plaza Room
Member \$75; Nonmember \$85
Register by Tuesday, January 9

Register online at myriadgardens.org

Escape the winter cold and join us to rejuvenate and recharge in the New Year. In this energizing retreat, we'll focus on all that plants can do for you, the restorative benefits of moving slowly, healthy (and delicious) eating and good-for-you beauty products.

10–11am: Join Gardener and Herbalist Lori Coats of My Raggedy Herbs as she covers the benefits of herbs, gives tips for starting your own herb garden and guides you through making a healing herbal salve

11:15am–12:15pm: Tai Chi is described by many as Martial Arts in slow motion and is practiced today as a relaxing, wonderful form of exercise. Join Caple Spence from the Long River Tai Chi Circle as he teaches you the basics of this long-practiced martial art

12:30–1:30pm: Enjoy a delicious meal catered by Nourished Food Bar and a talk from them about how they create the delicious and healthy meals they serve

1:45–2:45pm: Cultivate the restorative art of mindfulness, the state of active, open attention on the present, with Dena Bradford, mindfulness expert

3–4pm: Join Stefanie Grant of Twinkle* Apothecary to make your own natural lip balm and cheek tint as well as a translucent face powder

Break the Ice

Saturday, January 20, 8-11pm

Devon Ice Rink and Park House Event Center

Member: \$20 wristband; Nonmember: \$25 wristband

Ages 21+ ONLY for indoor activities

Register online at myriadgardens.org

Cupcakes, Beer Flights, Board Games and Ice Skating - what more could you ask for on a Saturday night? Each paid participant's wristband includes skating at the Devon Ice Rink and admission into our Park House Event Center for three six oz. beer samples provided by COOP Ale Works that are paired with mini cupcakes by Green Goodies, and board games to play with friends. Additional beverages can be purchased onsite. Guests at the Devon Ice Rink can enjoy music from DJ Brian Smith or purchase a churro and hot chocolate from our onsite vendors.

House Plant How To

Sunday, January 28, 2 – 3pm

Crystal Bridge 2nd Floor Conference Room

Member \$10; Nonmember \$15

Roberta Rowland, Gardens Conservatory Manager

Register by Tuesday, January 23

Register online at myriadgardens.org

Tried your hand at Orchids or Ficus and had trouble? Join us as we talk through the top tropical and succulent house plants that work great in almost any space. We'll cover the types, what's amazing about them and how to care for them so they add wonderful life to your home. Participants will take home a small tropical plant of their own to nourish and enjoy.

Bridal Open House at Myriad Gardens

Sunday, January 28, 2-5pm

Park House Events Center

FREE but reservations required by January 22
Email rentals@myriadgardens.org

Planning on getting married in 2018? Join our rentals team with a cast of the best vendors in OKC at the Park House Events Center on Sunday, January 28, 2-5 p.m. Visit with top industry professionals. Meet our venue coordinators. Special guided tours on mobile carts will run every 30 minutes to the variety of wedding locations available in the Gardens with a cup of cocoa in hand. Drinks and hors d'oeuvres provided. Win prizes. Let's get you #marriedatmyriad! Admission is free but reservations required by emailing rentals@myriadgardens.org or call (405) 200-1547

Achieving Hygge (the Scandinavian Art of Coziness) with Plants

Wednesday, January 31, 6 – 7pm
Crystal Bridge 2nd Floor Conference Room
Member \$7; Nonmember \$9
Linda Vater, Garden Essence
Register by Friday, January 26
Register online at myriadgardens.org

Hygge (pronounced Hue-gah) is a hard to define term used to describe finding coziness in winter- it might be achieved with a candle, a cozy knit blanket, or hot cocoa by a fire but it can also be found with plants! Plants can add brightness, beauty and warmth to your home, all while cleaning your air and making you feel better. Linda Vater, Garden Blogger and Designer will share inspiration photos, visual aids, her best design tips and her favorite plants for achieving Hygge in your home year round.

ON-GOING

Yoga in the Gardens

Sponsored by Tinker Federal Credit Union
Instructed by Lisa Woodard from This Land Yoga
Tuesdays, 5:45pm
Late arrivals not accepted after 5:50pm
Outdoors or Terrace Room
Members \$5; Nonmembers \$10
Must be 16 and older

This is an all-levels class led by Lisa Woodward from This Land Yoga. Class participants should bring a yoga mat and water. Meet in the south lobby for check-in each week. Drop in for a session or two or enjoy the entire series.

Reading Wednesdays

January 3, 10, 17, 24 & 21, 10am
Every Wednesday, 10am
Crystal Bridge South Lobby
FREE
Best for ages 2-5

Bring your youngster for story time each Wednesday at 10am. Books are nature-themed and selected based on the season. We'll begin with an interactive song and children will enjoy creating a small craft after the story. For groups of 10 or more please call Kodi Clifford at 405-835-6789.

Gardens Walking Tour

January 27, February 24, March 31, 10-11am

Last Saturday of Every Month, 10am

South Lobby and Garden Grounds

FREE

Walkups Welcome

Join us to expand your Oklahoma plant knowledge and get great ideas for your yard. Each month changes as the plants grow through the seasons; in February we'll discuss plants for color and in January and March we'll highlight plants for water conservation. Can't make it for the guided tour? Pick up a self-guided handout in our South Lobby.

The Myriad Botanical Gardens is one of Oklahoma City's most beloved public spaces, offering its visitors a 15 acre natural escape in the very heart of downtown. A half-acre children's garden, an off-leash dog park, restaurant space, splash fountains, and paths for walking and jogging provide guests young and old with a place to seek solitude with nature, or seek community and the company of others. Additionally, the Myriad Gardens offers a variety of horticultural education programs for adults and children.

The Crystal Bridge Tropical Conservatory's unique design has earned attention and praise in the architectural community. It is 224 feet long, 70 feet in diameter, and is covered by 3,028 sections of translucent, double-layered acrylic panels. The Conservatory includes 13,000 square feet of plant display area in two distinct climates: the Tropical Wet Zone, which is at the south end and is watered daily; and the Tropical Dry Zone at the north end which receives water from April through September, followed by drought from November through March. Some 2,000 varieties of plants and a 35-foot waterfall round out the spectacular features of the Conservatory.

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